



## WEEKLY CLEANING LIST

### Monday

- Vacuum/Sweep All Rooms
- Mop Kitchen & Laundry Room

### Tuesday

- Dust Furniture & Shelves in All Rooms
- Pick Up & Declutter Living Room, Entry, Hallway, Stairwell

### Wednesday

- Clean Kitchen Counters & Sink
- Clean Microwave

### Thursday

- Clean Bathrooms
- Vacuum / Sweep All Rooms
- Mop Bathrooms & All Other Areas

### Friday

- Wash Bed Linens
- Pick Up / Declutter Bedrooms

### Saturday

- Clean All Mirrors & TV Screens



# CLEANING SCHEDULE MONTHLY / QUARTERLY

## Monthly

### **Kitchen**

- Wipe Cabinets
- Clean Microwave & Stovetop
- Clean Garbage Disposal
- Clean inside Dishwasher
- Wipe down Small Appliances
- Clean Backsplash

### **Living Room**

- Clean TV Screens
- Vacuum Furniture
- Wash Blankets

### **Bathroom**

- Clean Toilet Brushes
- Vacuum Exhaust Fan Grill
- Wash Shower Curtain

### **Additional Areas**

- Change HVAC Filter
- Clean Trashcans
- Dust/Wipe Baseboards
- Dust/Wipe Windowsills
- Clean Pet Beds/Feeding Area
- Dust Ceiling Fans
- Clean HVAC Registers & Return Air Grills
- Clean Washer/Dryer

## Quarterly

### **Kitchen**

- Clean Fridge
- Clean Freezer
- Clean Oven
- Wipe Cabinets
- Clean Exhaust Hood & Filter
- Descale Coffee Pot
- Clean Chairs & Table Legs

### **Bathroom**

- Wipe Cabinets
- Wash Bath Rugs

### **Additional Areas**

- Dust Light Fixtures/Lamps
- Wipe down Doors
- Dust Blinds
- Clean Windows
- Vacuum Under Furniture & Beds
- Rotate Mattresses